

WHAT IS CLAIMED IS:

1. An eyewear support, comprising an elongate arcuate frame having a frontal end and an occipital end, dimensioned to extend across the top of the head of a wearer from the glabellar region to the vicinity of the external occipital protuberance, 5 the support comprising a first component and a second component which extend from the frontal region to the occipital region, and are linked together in the frontal region and spaced apart in between the frontal region and the occipital region.